


Lifestyle Gene Test Men

**SAMPLE
SUMMARY REPORT**





Lifestyle Genomics








Weight Management

Traits	Risk	Rating	Description
	Obesity	Typical	5.6
			As per your genetics, you have a typical risk of developing Obesity.

Lipid Metabolism

Traits	Risk	Rating	Description
	Cholesterol Levels	Typical	5.5
			As per your genetics, you have a typical risk of developing high Cholesterol Levels.
	Triglyceride Levels	Typical	6.0
			As per your genotype, you have a typical risk of developing high Triglyceride Levels.

Diabetes

Traits	Risk	Rating	Description
 Type II Diabetes	Slightly Elevated	6.8	As per your genetics, you have a slightly elevated risk of developing Type II Diabetes.
 Diabetic Retinopathy	Slightly Elevated	6.7	As per your genetics, you have a slightly elevated risk of developing Diabetic Retinopathy.
 Foot Ulcers	Typical	5.5	As per your genetics, you have a typical risk of developing Foot Ulcers.
 Diabetic Cataract	Slightly Elevated	6.4	As per your genetics, you have a slightly elevated risk of developing Diabetic Cataract.
 Diabetic Nephropathy	Typical	6.0	As per your genetics, you have a typical risk of developing Diabetic Nephropathy.
 Diabetic Neuropathy	Typical	5.8	As per your genetics, you have a typical risk of developing Diabetic Neuropathy.
 Cardiovascular Diseases	Typical	4.5	As per your genetics, you have a typical risk of developing Cardiovascular Diseases.

How to Read Your Report

— WHAT IS GENETICS? —

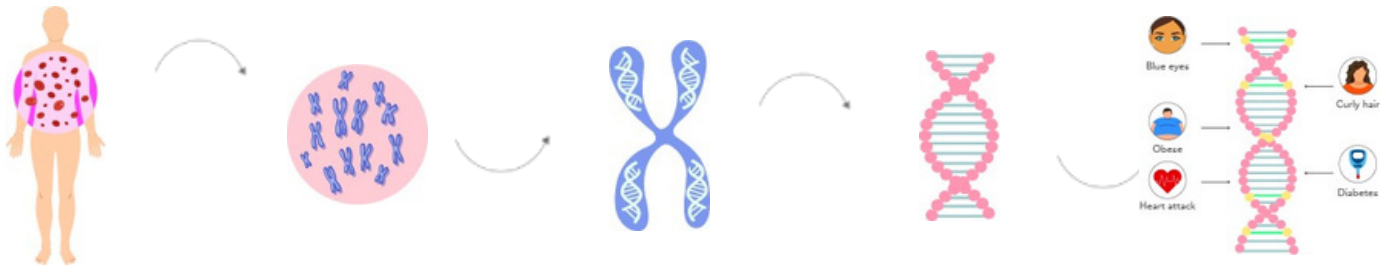
Human are made up of cells

Cells are made up of nucleus

Nucleus is made up of chromosomes

Chromosomes are made up of DNA

DNA is made up of genes



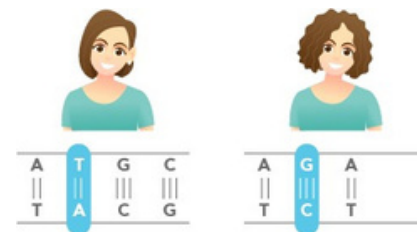
Changes in nucleotides lead to genetic variations

Genes are coded by nucleotides

A	T	G	C
T	A	C	G



~~Straight hair~~ Curly hair



WHAT IS PREDICTIVE GENETICS?



Population with predisposition to curly hair

Population with high risk of obesity



Genetic Variations Make Us All Unique



Population with predisposition to blue eyes

Population with high risk of heart attack



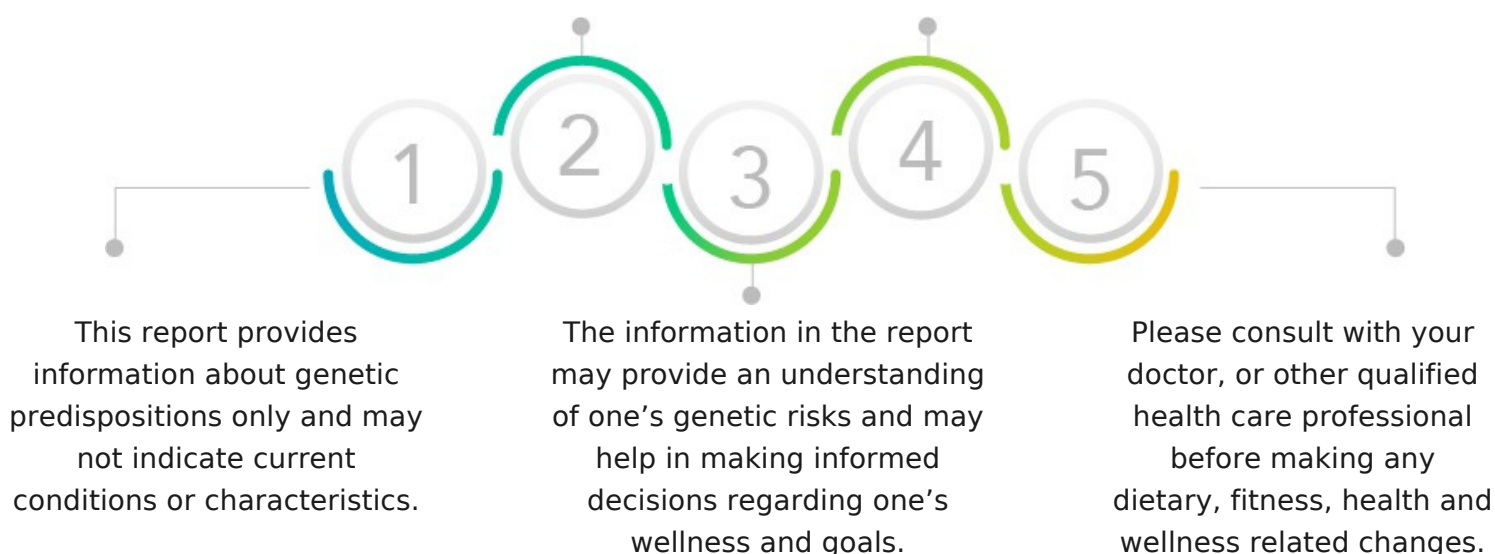
— SCORE INTERPRETATIONS —

SCORE	DEPICTION	INTERPRETATION
0-2	Excellent / Protective	An 'excellent / protective' score indicates a very favorable response or ability for a trait
2.1-4	Good / Lower Risk	A 'good / lower risk' score indicates a favorable response or ability for a trait
4.1-6	Typical	A 'typical' score indicates a typical response or ability for a trait
6.1-8	Poor / Slightly Elevated	A 'poor / slightly elevated' score indicates an unfavorable response or ability for a trait
8.1-10	Very Poor/ Highly Elevated	A 'very poor / highly elevated' score indicates a very unfavorable response or ability for a trait

— GENERAL GUIDELINES —

Genetic risk or predisposition given in the report is based on statistically relevant genomics research studies, which should not be taken as a diagnosis of any health condition or overall wellness.

Traits in the report are not genetically interlinked; their genetic associations are independent of each other. Therefore, every trait score and interpretation are independent of each other.



EXPLORE MORE GENE TESTS

1. ALLERGY GENE REPORT WOMEN/MEN
2. BONE HEALTH GENE REPORT WOMEN/MEN
3. CARDIOVASCULAR GENE REPORT WOMEN/MEN
4. CIRCADIAN GENE REPORT WOMEN/MEN
5. DENTAL GENE REPORT WOMEN/MEN
6. FITNESS GENE REPORT
7. GASTRO GENE REPORT WOMEN/MEN
8. HEMATOLOGY GENE REPORT WOMEN/MEN
9. HORMONAL GENE REPORT WOMEN/MEN
10. IMMUNOLOGY GENE REPORT WOMEN/MEN
11. INFECTIOUS GENE REPORT WOMEN/MEN
12. LIFESTYLE GENE REPORT WOMEN
13. NEUROLOGY GENE REPORT WOMEN/MEN
14. NUTRITION GENE REPORT
15. OPHTHAL GENE REPORT WOMEN/MEN
16. PERSONALITY GENE REPORT
17. PULMONARY GENE REPORT WOMEN/MEN
18. RENAL GENE REPORT WOMEN/MEN
19. SKIN GENE REPORT

THE MOST
EXPENSIVE
REAL ESTATE IS
YOU

Whatsapp Us



Call Us



+91-9743430000

devika@quanutrition.com

www.quanutrition.com

QUA[®]
NUTRITION
SIGNATURE NUTRITION CLINICS