

Lifestyle Gene Test

SAMPLE SUMMARY REPORT



LIFESTYLE GENOMICS


12 TRAITS

Diabetes, hypertension, and obesity-related complications are the notorious 'Diseases of Civilization.' These conditions are heavily influenced by your genetic makeup, and it's possible to assess susceptibility to them early in life. The Lifestyle Genomics Panel reveals your genetic risk factors, empowering you to mitigate them proactively.





Lifestyle Genomics

















Weight Management

Traits	Risk	Rating	Description	
	Obesity	Typical	5.6	As per your genetics, you have a typical risk of developing Obesity.

Lipid Metabolism

Traits	Risk	Rating	Description	
	Cholesterol Levels	Typical	5.5	As per your genetics, you have a typical risk of developing high Cholesterol Levels.
	Triglyceride Levels	Typical	6.0	As per your genotype, you have a typical risk of developing high Triglyceride Levels.

Diabetes

Traits	Risk	Rating	Description
 Type II Diabetes	 Slightly Elevated	6.4	As per your genetics, you have a slightly elevated risk of developing Type II Diabetes.
 Cardiovascular Diseases	 Slightly Elevated	7.2	As per your genetics, you have a slightly elevated risk of developing Cardiovascular Diseases.
 Diabetic Retinopathy	 Slightly Elevated	6.1	As per your genetics, you have a slightly elevated risk of developing Diabetic Retinopathy.
 Insulin Resistance	 Typical Risk	6.0	As per your genetics, you have a typical risk of developing insulin resistance.
 Diabetic Nephropathy	 Slightly Elevated	6.2	As per your genetics, you have a slightly elevated risk of developing Diabetic Nephropathy.
 Diabetic Neuropathy	 Slightly Elevated	6.4	As per your genetics, you have a slightly elevated risk of developing Diabetic Neuropathy.
 Foot Ulcers	 Typical	5.0	As per your genetics, you have a typical risk of developing Foot Ulcers.
 Diabetic Cataract	 Typical	5.0	As per your genetics, you have a typical risk of developing Diabetic Cataract.