Personality Gene Test

SAMPLE
SUMMARY REPORT

QUA®
NUTRITION
SIGNATURE NUTRITION CLINICS

PERSONALITY

Personality is composed of IQ (intelligence quotient), EQ (emotional quotient), and SQ (social quotient). Each of these aspects contains traits that have strong genetic relevance. Understanding these traits and fostering a conducive environment can help individuals thrive.

Creative Ability

- Creativity
- Music

Cognition

- Cognitive Ability
- Decision-making Ability
- Imagination
- Language Ability
- Mathematical Ability
- Memory Processing
- Motor Learning and Performance
- Reading Ability
- Resilience
- Risk Taking
- Stress Response
- Visual Ability

Social Skills

- Agreeableness
- Conscientiousness
- Cooperativeness
- Extraversion
- Leadership
- Motivation
- Openness
- Optimism
- Parenting
- Sociality

Temperament

- Aggression
- Animal Lover
- EmpathyGambling Risk
- Happiness
- Harm Avoidance
- Impulsivity
- Neuroticism
- Novelty Seeking
- Reward Dependence*
- Trustfulness
- Withdrawn Behaviour

*Reportable in males

Personality Traits

Career Choice

Traits	Risk	Rating	Description
Trading Ability	Good	4.0	As per your genetics, you have a high likelihood of being a successful trader.

Cognition

Traits		Risk	Rating	Description
	Cognitive Ability	Typical	5.8	As per your genetics, you have a typical likelihood to develop a good cognitive ability.
	Mathematical Ability	Poor	6.6	As per your genetics, you have a poor likelihood of developing good mathematical skills and abilities.
	Language Ability	Good	4.0	As per your genetics, you have a high likelihood of developing good language ability.
	Motor Learning and Performance	Good	2.4	As per your genetics, you have a good ability for motor learning and performance.
	Risk Taking	Good	3.0	As per your genetics, you have a high likelihood of indulging in risk taking behavior and activities.
	Insightfulness	Good	3.5	As per genetics, you have a high likelihood of being insightful.
	Memory Processing	Typical	4.4	As per your genetics, you have a typical likelihood of developing good memory processing.
	Reading Ability	Typical	5.3	As per your genetics, you have a typical likelihood of developing good reading ability.
	Visual Ability	Typical	4.3	As per your genetics, you have a typical likelihood of developing good visual ability.
	Stress Response	Excellent	2.0	As per your genetics, you have a very high likelihood of developing the ability to adapt well to stressful situations.

Traits		Risk	Rating	Description
	Imagination	Excellent	2.0	As per your genetics, you have a very high likelihood of being imaginative.

Temperament

Traits		Risk	Rating	Description
	Gambling Risk	Poor	7.3	As per your genetics, you have a slightly elevated risk of indulging in gambling activities.
	Withdrawn Behaviour	Poor	8.0	As per your genetics, you have high likelihood of developing withdrawn behavior.
	Aggression	Poor	6.8	As per your genetics, you have a high likelihood of developing aggressive behavior.
	Harm Avoidance	Typical	5.8	As per your genetics, you have a typical likelihood of developing harm avoidance.
	Happiness	Good	4.0	As per your genetics, you have a high likelihood of easily developing a sense of happiness.
	Animal Lover	Good	3.5	As per your genetics, you have a high likelihood of being an animal lover.
	Impulsivity	Good	4.0	As per your genetics, you have a low likelihood of developing impulsive behavior.
	Neuroticism	Typical	4.6	As per your genetics, you have a typical likelihood of developing neuroticism.
	Novelty Seeking	Typical	5.0	As per your genetics, you have a typical likelihood of developing novelty seeking behavior.
	Trustfulness	Typical	5.0	As per your genetics, you have a typical likelihood of developing trustfulness.

Traits		Risk	Rating	Description
	Empathy	Typical	4.5	As per your genetics, you have a typical likelihood of developing empathy.

Social Skills

Traits		Risk	Rating	Description
	Self-confidence	Very Poor	9.0	As per your genetics, you have a very poor likelihood of developing self-confidence.
	Optimism	Poor	8.0	As per your genetics, you have a poor likelihood of developing optimism.
	Parenting	Typical	5.8	As per your genetics, you have a typical likelihood of developing good parenting skills.
	Sociality	Typical	5.0	As per your genetics, you have a typical likelihood of developing good sociality.
	Agreeableness	Typical	4.3	As per your genetics, you have a typical likelihood of being agreeable.
	Conscientiousness	Typical	5.0	As per your genetics, you have a typical likelihood of being conscientious.
	Extraversion	Typical	4.6	As per your genetics, you have a typical likelihood of developing extraversion.
	Openness	Typical	5.0	As per your genetics, you have a typical likelihood of developing openness.
	Motivation	Good	3.5	As per your genetics, you have a high likelihood of developing a sense of motivation.

Creative Ability

Traits		Risk	Rating	Description
	Music	Good	3.9	As per your genetics, you have a high likelihood of developing good musical ability.
	Creativity	Good	2.9	As per your genetics, you have a high likelihood of developing good creative ability.