Circadian Gene Test

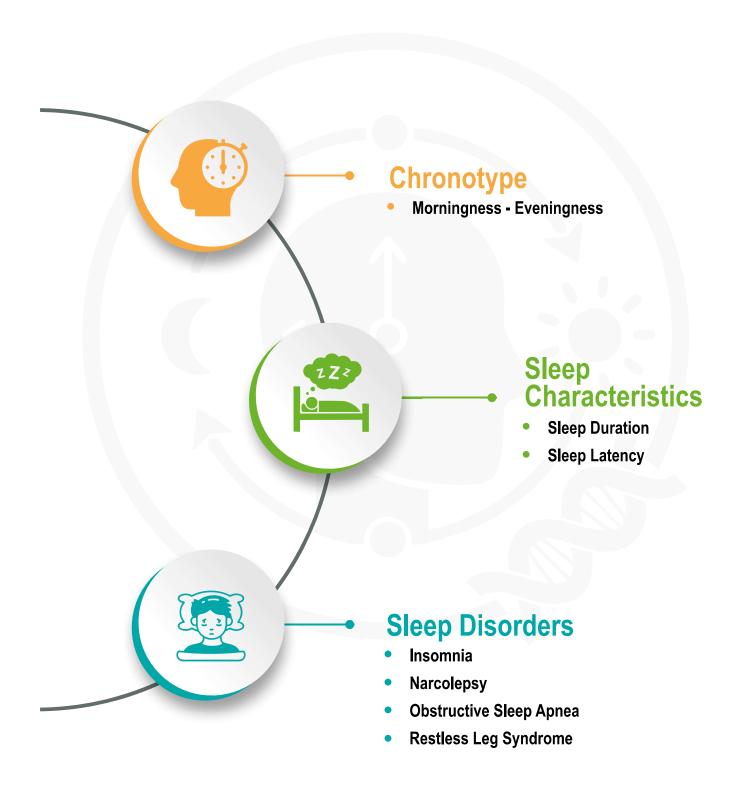
SAMPLE SUMMARY REPORT



CIRCADIAN RHYTHM



The circadian cycle is a natural, internal process that regulates the sleep-wake cycle, repeating roughly every 24 hours. Understanding whether you are a morning or evening person based on your genetics can provide significant benefits in planning your fitness schedule, meal timing, and sleep monitoring.





Seizure Disorders

| Traits | | Risk | Rating | Description |
|--------|----------|-------------------|--------|---|
| • | Epilepsy | Slightly Elevated | 6.3 | As per your genetics, you have a slightly elevated risk of developing epilepsy. |